Article specification





Vegan ready meal of pasta with soy mince pasta in italian style seasoned tomato sauce

Ingredients:

42% cooked pasta (water, DURUM WHEAT SEMOLINA, rapeseed oil), water, 10% tomatoes, vegetable oils (rapeseed oil, olive oil), 4.5% tomato paste, carrots, celery, onions, wine, vegetable broth (vegetable extract, white wine extract, salt, sunflower oil, spice extract), 2.3% soy mince (textured SOY PROTEIN), spices, soy sauce (water, SOY BEANS, WHEAT, salt), sugar, modified starch, herbs, salt, balsamic vinegar (wine vinegar, grape must concentrate), paprika extract. The product may contain traces of EGG and MILK!

Allergens:

Contains: cereals containing gluten, soybeans, celery

May contain traces of: eggs, milk

Storage advice:

The best-before date stated on the sales packaging can only be adhered to with uninterrupted storage and transport from $+2^{\circ}$ C to $+7^{\circ}$ C.

Preparation advice:

How it works in the microwave:

Poke the foil of both bowls several times and then heat in the microwave (700 watts) for approx. 4 min.

Tip the bowl with pasta onto the plate.

Add sauce and mix together. Enjoy your meal!

How it's done on the cooker:

Open both bowls and then put the pasta and the sauce in a pot or pan with a little oil. Heat over medium heat, stirring occasionally.

Serve on a plate.

Enjoy your meal!

Attention: The cooking time may vary depending on the appliance.

Average nutrients	per 100 g			per 420 g		
Calorific value:	644 kJ	/	154 kcal	2834 kJ	/	678 kcal
Fat:	8,1 g			35,6 g		
of which saturated fatty acids:	0,9 g			4,0 g		
Carbohydrates:	14,1 g			62,0 g		
of which sugar:	3,9 g			17,2 g		
Fibre:	2,5 g			11,0 g		
Protein:	5,0 g			22,0 g		
Salt:	1,13 g			4,97 g		