

Article specification

JAPANESE STYLE NOODLES

WITH CHICKEN



Noodle dish with chicken breast fillet and soybean seeds in a Japanese-style sauce

Ingredients:

33% cooked noodles (water, DURUM WHEAT SEMOLINA, CHICKEN EGG WHITE, rapeseed oil), 14% chicken breast fillet cooked (chicken breast fillet, potato starch, salt, dextrose), 8% SOYBEAN SEEDS, carrots, peppers, spring onions, sugar, onions, shiitake mushrooms, oyster sauce (OYSTER EXTRACT, soy sauce (SOYBEANS, water, WHEAT FLOUR, salt), water, sugar, iodised salt (sal, potassium iodate), modified starch), Worcester sauce (water, sugar, BARLEY MALT EXTRACT, tomato paste, wine vinegar, salt, seasoning, wine, spice extract), alcoholic rice drink (water, rice, WHEAT), rapeseed oil, soy sauce (water, SOYBEANS, WHEAT, salt), spices, tomato paste, modified starch, salt, caramelised sugar syrup, distilled vinegar.

Allergens:

Contains: cereals containing gluten, shellfish, eggs, soybeans, celery, mustard

May contain traces of:

Storage advice:

The best-before date stated on the sales packaging can only be adhered to with uninterrupted storage and transport from +2°C to +7°C.

Preparation advice:

How it works in the microwave:

Poke the foil of the bowl several times and then heat in the microwave (700 watts) for approx. 4 min.

Tip the bowl onto the plate. Enjoy your meal!

How it's done on the cooker:

Open the bowl and then put the noodles in a pot or pan with a little oil. Heat over medium heat, stirring occasionally.

Serve on a plate.

Enjoy your meal!

Attention: The cooking time may vary depending on the appliance.

Average nutrients	je 100 g			je 420 g		
Calorific value:	614 kJ	/	146 kcal	2702 kJ	/	642 kcal
Fat:		4,9 g			21,6 g	
of which saturated fatty acids:		0,5 g			2,2 g	
Carbohydrates:		16,7 g			73,5 g	
of which sugar:		5,1 g			22,4 g	
Fibre:		2,4 g			10,6 g	
Protein:		7,6 g			33,4 g	
Salt:		0,98 g			4,31 g	